

Asthma

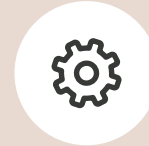
is a common, long-term condition that affects the airways in the lungs – the tubes that carry air in and out of your lungs. It usually causes symptoms such as coughing, wheezing, shortness of breath and chest tightness. It affects people of all ages in all parts of the world and often starts in childhood.



Many types of asthma
ranging in severity from mild to severe



Most common chronic disease
among children (3)



Triggers include:
allergens, exercise, smoke, pollution, or airway infections -



Approx 460 000 deaths
globally in 2019(1)



Estimated 262 million people
affected by asthma globally in 2019 (1)



3 people every day
are killed by asthma attacks in UK



1 in every 12 adults
adults in the UK has asthma (2)



Notes:
1. Lancet, 2020
2. Asthma UK
3. WHO

Choosing to wear the Sunflower indicates that you, or someone with you, has a non-visible disability and may need additional support or simply a little more time.

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