

**Not every
disability
is visible,
some are just
not obvious.**



People choose to wear the Sunflower to discreetly indicate that they have an invisible disability and may need help, assistance or simply more time.

- 1. Ask if you can help**
- 2. Be kind**
- 3. Listen closely**
- 4. Have patience**
- 5. Do not judge**
- 6. Show respect**