

SUNFLOWER ICONS

Some Sunflower cards use icons to indicate the specific type of assistance needed.



I have accessibility needs
Please ask me what they are.



I may need more time Please be patient and keep calm — I may need more time to complete an action or to communicate with you.



I cannot stand for long periods of time I may need a place to rest, especially if I am in a queue.



I may need a place to sit down and rest



Stairs/ramps are a barrier to me
Is there an accessible route?



I may need urgent access to the closest toilet facility
Please assist me without questioning.



I have a carer/personal assistant
They provide support and will need to accompany me.



Please give me space
I need your help to keep social distance.



I need a quiet/safe place
Is there a safe/quiet space I can use?



I am sensitive to sound
Is there a quiet time or a quiet space?



I am sensitive to light
Is there a time or space where the lights are dimmed?



I am sensitive to smell



I have an assistance dog



Do not touch me
Physical touch can cause distress and pain.



I have sight loss I have limited vision and may find access to visual information or judging distance a barrier.



I require large print



I use Braille



I have a hearing impairment
Face me, but don't shout and if necessary, write your message down.



I sign



I use assistive listening



I require audio description



I have a food allergy



I have a hidden disability



To find out about the Sunflower visit:
hdsunflower.com/irl