FASD

Foetal Alcohol Spectrum Disorder (FASD) is is a lifelong neurodevelopmental condition and is caused by being exposed to alcohol while in the womb. Alcohol in the mother's blood passes to her baby through the placenta and can cause damage to cells in their brain, spinal cord and other parts of their body, and disrupt their development in the womb.



FASD is estimated to be 3-4 times more prevalent than Autism Spectrum Disorders



Over 400 conditions co-occur with FASD



Globally over 7 people per 1000 are estimated to have FASD



Around 50% of all people with FASD have attention-deficit hyperactivity disorders



90% of individuals with FASDalso experience mental health issues



Less than 10% of people on the FASD spectrum have distinct facial features



No amount of alcohol is safe to drink in pregnancy or when trying to conceive



Choosing to wear the Sunflower indicates that you, or someone with you, has a non-visible disability and may need additional support or simply a little more time.

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