

# Please be patient and give me a little more time



**Not all disabilities are visible. If you notice someone wearing the Hidden Disabilities Sunflower lanyard, please be patient and give them a little more time.**

Living with a hidden disability can make daily life more demanding for many people, but it can be difficult for others to identify, acknowledge or understand the challenges you face. Wearing the Hidden Disabilities Sunflower lanyard discreetly indicates that you may need help or just a little more time.

The Hidden Disabilities Sunflower has been successfully introduced to most major UK airports, as well as some supermarkets, railway stations, NHS trusts and sport venues.

If you want to find out more, please visit our website:  
[www.hiddendisabilitiesstore.com/us](http://www.hiddendisabilitiesstore.com/us)



**Making the invisible visible**

**HIDDEN** disabilities 